

**Great River**  
office products

**Office Products  
With a Personal Touch.**



July 2018

651-293-1135

## **Giving Your Office a Natural Glow**



Exhibiting a bright, welcoming office interior is important for businesses for a multitude of reasons. Considering workers spend an average of 40+ hours per week at their office, having an interior that makes employees comfortable is important for job satisfaction and low turnover rates. Having a professional and inviting interior is also important for attracting new potential employees and can help send a message to potential clients that your business is professional and organized.

There are many ways to brighten office interiors and make them more appealing to the people working there. Having a communal place for coworkers to get a quick cup of coffee and catch up will help improve camaraderie between coworkers and job satisfaction. Decorating with pictures, motivational sayings, and fun wallpaper can make the space seem brighter and more inviting. Having a comfortable and safe climate in the office is also important; for example, an air filter can reduce the spread of germs and the number of people out sick. Desk heaters or fans can help during the bitter winter mornings and muggy summer afternoons.

Buying some plants to place around the office is an easy way to brighten up the space and make it seem homier. There are a multitude of benefits that come with having plants in the office, which include stress reduction and an increase in productivity. They can also help improve psychological health and produce fresh air that is healthier for workers to breathe. Additionally, plants help reduce noise levels by decreasing the area of smooth surfaces that sound waves can bounce off. Elements of nature in the office will make the workplace more attractive to new applicants because the plants calm the space and make it seem more comfortable and inviting.

Need more tips on how to design your office space to make it more inviting? Contact us today. Our expert office interior design team is ready to help.

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## The Modern Desk: Sit & Stand



The newest office craze is the sit & stand desk, a desk that gives the user the option to sit or stand while they do their work. This type of desk has become more popular in recent years as more and more people have become health conscious and want to make changes in their everyday lives to reach their health goals.

There are many health benefits accompanying standing desks. Research has shown that increasing the time that people stand helps them burn more calories, reduces after-lunch blood sugar spikes and crashes, and is more comfortable overall. A less sedentary routine may increase longevity and is better for cardiovascular health than sitting. Studies have even found that less sedentary people have fewer biomarkers that could be connected to cancer.

Not all of your employees will want a standing desk, so you can buy a separate frame for the people that do want to stand. First, make sure the desks are big enough to hold the sit & stand frame while still allowing open desk space; "L" or "U" shaped desks are perfect because they offer large surface areas to set up on, even with the sit & stand option. There are a variety of sit & stand desks to choose from in our catalogs. They include models that sit on top of the desk, some that are motorized, and others that are full sit/stand U and L shaped. We're featuring the L and U shaped sit/stand options this month. See our special below.

As always, our ergonomic experts are ready to help you with your office furniture purchase. Give us a call today. We'd love to help.

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## Need Promotional Items? Call us!



**It's Time to Be Noticed**

PROMOTIONAL PRODUCTS are the most highly regarded form of advertising.

The image shows a woman in a red beanie taking a photo with a camera. To her right, a row of promotional items is displayed: a yellow cap, a green tote bag, a blue foam finger, an orange mug, a red star-shaped item, a green polo shirt, an orange folder, a grey hoodie, a blue cup, a black backpack, and a green circular logo.

**Pens, bags, hats, shirts, cups, and MORE.  
If your logo can go on it, we can get it for you!**

**July Specials**



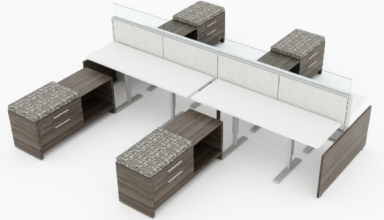
## Power Beam L Shaped Desks



**EPB 511**

Offers Valid Through July 31, 2018

## Power Beam L Shaped Desks



**EPB 512**

Offers Valid Through July 31, 2018

## Cascade Complete Dishwasher Packs



**PGC98208**

Offers Valid Through July 31, 2018

## Honeywell AirGenius 5 Air Cleaner/Odor Reducer



**HWLHFD320**

Offers Valid Through July 31, 2018

## Chillout USB Fan



**HWLGF3B**

Offers Valid Through July 31, 2018

## La Croix Berry Sparkling Water



**MAS5040**

Offers Valid Through July 31, 2018

# Coffee Corner

## Cinnabon Brown Sugar Classic Cinnamon Roll Coffee



**GMT6305**

Offers Valid Through July 31, 2018

## Caribou Coffee Coffee



**GMT6992**

Offers Valid Through July 31, 2018

# House Keeping



We now have promotional products.  
How do you promote your business?  
Let us help!

We will be closed July 4 for Independence Day.



Committed to Providing Local Products

*Great River*  
office products

**NWBOC**<sup>®</sup>  
WBE CERTIFIED

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